

MacLaren's Gluten-Sensitive Menu

Please note that gluten-sensitive items that are fried, are fried in the same deep fryers and oil, as other food items containing gluten.

Small Plates

Gluten-Free Chicken Fingers 12

Served with plum sauce **and** ranch dressing with your choice of:
French Fries **or** Curly Fries **or** Sweet Potato Fries **or** **Classic Poutine 3**

Chips and Dips 7

Corn tortilla chips served with salsa, sour cream and fresh guacamole.

Spinach & Artichoke Dip 9

Topped with melted cheese and served with tortilla chips.

Salad

Caesar Salad 8

Fresh romaine lettuce tossed in our Caesar dressing with bacon, Reggiano cheese and served with fresh lemon wedges.

Garden Salad 9

Fresh romaine lettuce with tomato, carrot and avocado, served with your choice of **ranch dressing** or **dark balsamic**.

ADD Grilled Chicken to any Salad 3

Fries & Poutine

French Fries 7

Fresh cut French fries served with our chipotle mayo dip and our roasted garlic aioli dip.

Sweet Potato Fries 8

Crispy sweet potato fries served with our summer dill dip and chipotle mayo dip.

Classic Poutine 9

Crispy French fries topped with St. Albert's cheese curds and gluten-free gravy.

Wings

One Pound 12 Two Pounds 22

Tossed in your choice of sauce:

BBQ **or** Medium **or** Hot **or** Suicide
or Honey Garlic **or** Thai Sweet & Spicy **or** Hot & Honey

with Sour Cream **or** Ranch Dressing on request

Nachos

Served with sour cream

Chicken Taco Nachos **14**

Topped with spicy chicken, shredded mozzarella and white brick cheese, salsa, Sriracha mayo, chopped lettuce and fresh tomatoes.

Classic Cheese **12**

Topped with shredded mozzarella and white brick cheese and salsa.

Grilled Chicken **13**

Classic cheese nachos with grilled chicken.

Loaded **14**

Our vegetarian nachos topped with grilled chicken.

Meat Lovers **15**

Classic cheese nachos topped with pepperoni, bacon, and local Italian sausage.

Spicy **13**

Classic cheese nachos topped with sliced jalapeños and local Italian sausage.

Vegetarian **13**

Classic cheese nachos topped with chopped lettuce, fresh tomatoes, roasted mushrooms and green olives.

ADD Guacamole OR Jalapenos **2**

12-inch, 8-Slice Gluten-Free Crust Pizza

Three Cheese	14
Topped with mozzarella, white brick and Reggiano cheeses.	
MacLaren's Combination	16
Three cheese with bacon, pepperoni, mushrooms and green peppers.	
Meat Lovers	17
Three cheese with pepperoni, bacon, and local Italian sausage.	
Pepperoni	15
Three cheese with pepperoni.	
Sriracha Chicken Bruschetta	16
Three cheese with spicy chicken, bacon, and bruschetta, topped with Sriracha mayo.	
Vegetarian	16
Three cheese with sweet peppers, artichoke, red onion and green olives.	

Pasta

Served with a Caesar Salad Starter

Grilled Chicken	16
Freshly grilled chicken with an alfredo pesto sauce and sautéed mushrooms, made with gluten-free spaghetti.	
Local Italian Sausage	14
Italian fennel sausage with rosé sauce, roasted sweet peppers and sautéed mushrooms, made with gluten-free spaghetti.	
Veggy	12
Homemade tomato sauce with artichokes, sautéed mushrooms and roasted sweet peppers, made with gluten-free spaghetti.	

Dinner at MacLaren's

Served with a Caesar Salad Starter
and you choice of: French Fries or Curly Fries or Sweet Potato Fries
or Classic Poutine 3

6oz. Certified Black Angus Filet Mignon	22
Topped with sautéed garlic mushrooms.	
12oz. Certified Black Angus Rib-eye Steak	22
Topped with sautéed garlic mushrooms.	

Desserts

	with any entrée	4
Chocolate Lava Cake		6
Homemade rich chocolate brownie with a melted chocolate center.		