

MacLaren's Gluten-Sensitive Menu

Please note that gluten-sensitive items that are fried, are fried in the same deep fryers and oil, as other food items containing gluten.

Small Plates

- Chicken Fingers** 12
Served with plum sauce **and/or** ranch dressing with your choice of:
French Fries **or** Curly Fries **or** Sweet Potato Fries
- Chips and Dips** 6
Corn tortilla chips served with salsa, sour cream and fresh guacamole.
- Smoked Salmon** 12
House smoked salmon, served with seasoned cream cheese, capers and pickled red onion.
- Spinach & Artichoke Dip** 9
Topped with melted cheese and served with tortilla chips.

Salad

- Caesar Salad** 9
Fresh romaine lettuce tossed in our Caesar dressing with bacon, Reggiano cheese and served with fresh lemon wedges.
- Bocconcini Salad** 10
Fresh spring mix with sliced tomato, bocconcini cheese, fresh basil and olive oil with balsamic reduction.
- Garden Salad** 8
Fresh spring mix with tomato, carrot and avocado, served with your choice of:
ranch dressing **or** **dark balsamic**.
- ADD Grilled Chicken to any Salad** 3

Fries & Poutine

- French Fries** 7
Fresh cut French fries served with our chipotle mayo dip and our roasted garlic aioli dip.
- Sweet Potato Fries** 8
Crispy sweet potato fries served with our summer dill dip and chipotle mayo dip.
- Classic Poutine** 9
Crispy French fries topped with St. Albert's cheese curds and our house gravy.
- ADD to your Poutine:**
Roast Beef or Smoked Meat 3

Nachos

Served with sour cream

- Chicken Taco Nachos** 15
Topped with seasoned chicken, shredded mozzarella and white brick cheese, salsa, Sriracha mayo, and served with guacamole.
- Classic Cheese** 12
Topped with shredded mozzarella and white brick cheese and salsa.
- Grilled Chicken** 13
Classic cheese nachos with grilled chicken.
- Vegetarian** 13
Classic cheese nachos topped with chopped lettuce, fresh tomatoes, roasted mushrooms and green olives.
- Spicy Nachos** 13
Classic cheese nachos topped with sliced jalapeños and Italian sausage.
- Loaded** 14
Our vegetarian nachos topped with grilled chicken.
- Meat Lovers** 15
Classic cheese nachos topped with pepperoni, bacon, and sausage.
- ADD Guacamole to any Nachos** 2
- ADD Jalapenos to any Nachos** 1

Wings

One Pound 12 Two Pounds 22

Tossed in your choice of sauce:

BBQ or Medium or Hot or Suicide or Honey Garlic
or Thai Sweet & Spicy or Hot & Honey

with Sour Cream or Ranch Dressing on request

12-inch, 8-Slice GF Crust Pizza

Three Cheese	14
Topped with mozzarella, white brick and Reggiano cheeses.	
Chicken Bruschetta	16
Three cheese with grilled chicken and bruschetta.	
Combination	16
Three cheese with pepperoni, mushrooms and green peppers.	
Margarita	15
Bocconcini cheese, bacon, and fresh basil.	
Meat Lovers	17
Three cheese with pepperoni, bacon, and sausage.	
Pepperoni	15
Three cheese with pepperoni.	
Vegetarian	16
Three cheese with sweet peppers, artichoke, red onion and green olives.	

Pasta

Served with a Caesar Salad Starter

Grilled Chicken	14
Freshly grilled chicken with an alfredo pesto sauce and roasted mushrooms, served with gluten free spaghetti.	
Veggy	12
Homemade tomato sauce with artichokes, roasted mushrooms and roasted sweet peppers, served with gluten free spaghetti.	
Italian Sausage	13
Crumble Italian sausage with rosé sauce, roasted sweet peppers and roasted mushrooms, served with gluten free spaghetti.	
Smoked Salmon	15
Rosé sauce with house smoked salmon, roasted sweet peppers and sautéed red onion, served with gluten free spaghetti.	

Dinner at MacLaren's

Served with a Caesar Salad Starter

and you choice of: French Fries or Sweet Potato Fries or Scalloped Potato Pave

12oz. Rib-eye Steak	24
Topped with sautéed garlic mushrooms.	
6oz. Filet Mignon	24
Topped with sautéed garlic mushrooms.	

Desserts

with any entrée 4

Chocolate Lava Cake	6
Homemade rich chocolate brownie with a melted chocolate center.	